Directions: Fill out this letter with your information. Print two copies. Keep a copy of this letter for yourself. Consider sending it to the debt collector through a method where you will have proof of receipt – such as certified mail.

[Your Name]

[Your Address]

[Date]

[Debt Collector’s Name]

[Debt Collector’s Address]

Re: [Account number for the debt, if you have it]

To Whom It May Concern:

I am writing to request that you stop communications with me in accordance with my rights under the Federal Fair Debt Collection Practices Act, as well as other federal and District of Columbia laws.

Please be aware that, my income is free and exempt from distraint, attachment, levy, or seizure and sale on execution or decree of any court in the District of Columbia because it is from:

* Social Security (SSI, SSDI),
* Public Assistance (TANF),
* Unemployment Compensation,
* Disability Benefits,
* Workers Compensation,
* Veterans Benefits,
* Pensions (public and private),
* Alimony or support that is reasonably necessary for the support of me or my dependents,

I request that you cease all written and verbal communication with me. I am aware that if you continue to contact me after receiving this letter, it is harassment in violation of the FDCPA. I may contact legal counsel if you violate my FDCPA rights. This letter is not meant in any way to be an acknowledgment that I owe this money. Thank you for your cooperation.

Sincerely,

**Your Name**